## **MoveWell Studio Rental**

MoveWell is a central Christchurch city multi disciplinary health clinic & yoga studio. We have functional movement space with easy access from the

airport (20 min drive) and bus exchange (15 min walk) available to hire for workshops on the weekends and occasional evenings by arrangement.

We can accommodate up to 16 people/mat space for movement based workshops and 20-22 people/mat space for individual exploration/breath-based activities.

What we can provide:

Studio space 70sqm including lounge area Heating, cooling and blinds Beautiful natural light with privacy Lounge/break out space with a couch and beanbags Car parking onsite and bike rack Kitchen facilities - crockery & utensils (provide your own refreshments) Chairs x 12 Yoga props if required 2 x toilets, 1 is accessible with space for changing







## Hire details

The studio rental is \$35 +GST per hour inclusive of 30 mins either side for set up and pack down.

If you require longer than 30 mins either side of your booking this will be charged at the above rate.

Day rate - \$200 +GST Weekend rate - \$360 +GST

A deposit of 50% is required to confirm the booking with the remainder due 10 days before the event.

We will invoice you at the time of booking.

Cancellations must be received 5 working days before the date of the booking or full rental will be charged. Cancellations received less than 10 days before the date of the booking will forfeit the deposit paid.

If changes to the booking need to be made please contact Jane on the details below. Multiple changes to booking times or dates may incur an additional administration fee.

## Cleaning

The studio is fully carpeted so food is not allowed in the main studio, only in the lounge area. Drinks are ok in both spaces but any spillage that stains will be professionally cleaned by our cleaners at the users expense. A vacuum cleaner is located in the kitchen and the studio must be vacuumed after use and all rubbish removed. If the studio is not left clean and tidy an additional cleaning fee will be charged.

If you would like to discuss the studio rental further please contact Jane Hardcastle jane@movewell.net.nz or 021 052 0756